



· John A. Foster, MD
· Christopher D. Rucker, MD
· H. Frederick Butehorn, III, MD
· Richard M. Weir, MD
· Erik D. Steiniger, MD

NORTH GROVE MEDICAL PARK
1330 Boiling Springs Road, Suite 1400
Spartanburg, SC 29303
Phone 864-582-2900
Fax 864-582-4991
www.spartanburgent.com

PELHAM MEDICAL CENTER
MEDICAL OFFICE BUILDING
2755 S. Highway 14, Suite 2400
Greer, SC 29650
Phone 864-699-6970
Fax 864-662-2060
www.greerent.com

POSTOPERATIVE INSTRUCTIONS EAR SURGERY

1. Please make your follow-up appointment as instructed by your doctor.
2. Avoid undue exposure or fatigue as it may predispose to a cold. Heavy lifting is to be avoided.
3. Bloody or watery drainage from the ear canal is common after ear surgery. Call the office if discharge from the ear develops an odor.
4. **DO NOT BLOW YOUR NOSE FOR TWO WEEKS** following surgery. Any accumulated secretions in the nose should be expectorated through the mouth to avoid infecting the ear. If you sneeze, do so with your mouth open.
5. Bloody or watery drainage from the incision behind the ear may occur during the first ten days following surgery. A bandage is usually placed over the ear after surgery. If the bandage becomes saturated, add to the bandage. **DO NOT CHANGE THE BANDAGE.**
6. A full sensation with popping sounds may be noticed during the healing period and may last a few months.
7. Water should be kept out of the ear and away from the incision behind the ear until it is healed. The hair may be shampooed one week following the surgery providing water is not allowed to enter the ear canal.
8. If you have surgery to improve your hearing, do not be concerned regarding your hearing for a period of 6-8 weeks following surgery. Your hearing will be evaluated at that time.
9. Take your antibiotic and pain medicine as directed. Unless otherwise instructed, resume all previous medications.
10. Call our office for temperature greater than 101 degrees F, progressive redness or swelling around the wound, persistent nausea and vomiting, facial weakness, or leg pain.

After Hours Number – 1-800-925-1318