



Medications

Many over the counter and prescription medications can affect allergy skin testing. Below is a list of some of these medications. It is important to review this list and follow the instructions. If you are taking an antihistamine, beta blocker, antidepressant or topical corticosteroid that is not listed below, please call our office. Beta blockers cannot be taken in combination with allergy skin testing or immunotherapy. If you are taking beta blockers orally or as an eye drop, please notify our office.

Beta Blockers

Please notify our office if you are taking Beta Blockers.

AK-Beta (Levobunolol)	Lopressor (Metoprolol)
Betagan (Levobunolol)	Lopressor HCT (Metoprolol)
Betapace (Sotalol)	OptiPranolol (Metipranolol)
Betapace AF (Sotalol)	OptiPranolol (Metipranololetaxolol)
Betopic S (Betaxolol)	Corgard (Nadolol)
Betoptic (Betaxolol)	Normodyne (Labetalol)
Betimol (Timolol)	Timoptic Ocumeter (Timolol)
Blocarden (Timolol)	Ocupress (Carteolol)
Brevibloc (Esmolol)	Sectral (Acebutolol)
Bystolic (Nebivolol)	Sorine (Sotalol)
Cartrol Tablets (Carteolol)	Tenoretic 50 & 100 (Atenolol)
Coreg (Carvedilol)	Tenormin (Atenolol)
Inderal (Propranolol)	Timolide (Timolol & HCTZ)
Inderal LA (Propranolol)	Timoptic XE (Timolol)
Inderide (Propranolol & HCTZ)	Timoptic (Timolol)
Inderide LA (Propranolol & HCTZ)	Toprol-XL (Metoprolol)
InnoPran XL (Propranolol)	Trandate (Labetalol)
Istalol (Timolol)	Visken (Pindolol)
Kerlone (Betaxolol)	Zebeta Tablets (Bisoprolol)
Levatol (Penbutolol)	Ziac (Bisoprolol & HCTZ)

(please see back for continued listing)

Spartanburg & Greer ENT

1330 Boiling Springs Road, Suite 1400, Spartanburg, South Carolina 29303
(864) 278-1274 · allergy@spartanburgent.com

Hold the following medications **3 days** before your scheduled skin testing:

● **H1 Antihistamines (allergy medications):**

Diphenhydramine

- Actifed Sinus
- Aler-Dryl
- Banophren
- Benadryl
- Calm-Aid
- Diphedryl
- Diphen
- Compoz
- Nighttime
- Genahist
- Hydramine
- Nu-Medication

- Nytol Caplet
- Sominex
- Twilite
- Tylenol PM
- Unisom Sleepgels

Chlorpheniramine

- Aller-Chlor
- C.P.M
- Chlo-Amine
- Chlor-Mal
- Chlor-Phen
- Chlor-Phenit
- Chlor-Trimeton

- Effidac-24
- Ridramin

Chlorpromazine

- Thorazine

Monelukast

- Singulair

Promethazine

- Phenergan
- Prorex 25 & 50
- Pentazine

Tripelennamine

- PBZ & PBZ-SR

● **Tricyclic Antidepressants:**

Amitriptyline

- Elavil
- Endep
- Etrafon
- Limbitrol

Doxepin

- Adapin
- Sinequan

- Triadapin
- Zonalon

Imipramine

- Tiptamine
- Tofranil
- Tofranil PM
- Norfranil

Nortriptyline

- Aventyl
- Pamelor

Norpramin (desipramine)
Anafranil (clomipramine)
Asendin (amoxapine)
Surmontil (Trimipramine)

Hold the following medications **7 days** before your scheduled skin testing:

● **H1 Antihistamines (allergy medications):**

Allegra (fexofenadine)
Allerhist-1 (clemastine)
Astelin (azelastine)
Atarax (hydroxyzine)
Claritin (loratadine)
Clarinx (desloratadine)

Contac-12 hr
(clemastine)
Optivar (azelastine)
Pataday (olopatadine)
Patanase (olopatadine)
Patanol (olopatadine)

Periactin (cyproheptadine)
Rezine (hydroxyzine)
Tavist-1 (clemastine)
Vistaril (hydroxyzine)
Zyrtec (cetirizine)
Xyzal (levocetirine)

Steroids

If you are using a **topical steroid** such as Bactine, Cortaid, Hydrocortisone, etc. please hold this medication for **3 weeks** prior to your scheduled allergy skin testing.